


JANUARY 2019

Mon	Tue	Wed	Thu	Fri
	<p>1 Closed</p> 	<p>2 Chicken Florentine Carrots Tossed salad w/tomatoes Fruit cobbler Wheat roll W/jelly Apple Juice</p>	<p>3 Meatloaf w/gravy Mashed potatoes Green beans Wheat roll Pears Rice crispy treat</p>	<p>4 Pork chop w/gravy Rice pilaf Cauliflower w/cheese Wheat roll Peaches White cake</p>
<p>7 Salisbury steak w/mushroom gravy Mashed potatoes Steamed cabbage Spiced apples Cheesy cornbread Peanut butter cookie</p>	<p>8 Roast turkey w/gravy Stuffing Peas & Carrots Wheat roll Ambrosia Cranberry sauce</p>	<p>9 Breaded fish wedge Brown rice Green beans Wheat roll w/jelly Tropical fruit Sugar cookie</p>	<p>10 Pork rib Sweet potato Corn Wheat roll Angel food cake Strawberries</p>	<p>11 Chuck wagon steak w/gravy Parsley noodles California blend Wheat roll Banana Vanilla pudding</p>
<p>14 Chili w/beans Squash Corn Cornbread Apple slices Yogurt</p>	<p>15 Chicken pot pie Harvard beets Fruit cocktail Biscuit Poke cake</p>	<p>16 Pork chop w/gravy Mashed potatoes Brussel sprouts Cheesy cornbread Spiced Peaches Peanut butter cookie</p>	<p>17 Country fried steak w/gravy Field peas and snaps Sliced carrots Wheat roll Brownie Orange</p>	<p>18 Grilled chicken breast Lemon bacon ziti California blend Wheat roll Tropical fruit White cake</p>
<p>21 Baked Ziti Broccoli Tossed salad w/cucumbers Bread stick Brownie Fruit punch</p>	<p>22 Beef steak w/gravy Mashed potatoes Green peas Wheat roll w/margarine Fruit cobbler</p>	<p>23 Cranberry orange chicken Sweet potato Green beans Wheat roll w/jelly Yogurt parfait</p>	<p>24 BBQ pork sandwich Cole slaw w/ carrots Corn Spiced apples Bread pudding</p>	<p>25 Chicken Caesar salad Broccoli cheddar soup Angel food cake Saltine crackers Peaches</p>
<p>28 Mango chicken Rice pilaf Peas & Carrots Wheat roll Blueberry bar</p>	<p>29 Beef patty w/onions & Mushrooms Mashed sweet potatoes Green beans Wheat roll w/jelly Apple Graham cracker</p>	<p>30 Egg salad sandwich Cream of potato soup Tossed salad w/tomatoes Saltine crackers Apple juice Spice cake</p>	<p>31 Beefy mac & cheese Lima bean Corn Wheat roll Mandarin oranges Cranberry bar</p>	<p>We serve 2% milk to all clients daily. If you will not be home during meal delivery please call 704-932-3412 Menu may change</p>