



DECEMBER 2020

Mon	Tue	Wed	Thu	Fri
	1 Meatloaf with tomato sauce Mashed Potatoes Carrot coins Wheat roll Angel food cake Pears	2 Taco Salad Shredded lettuce, tomatoes Spanish rice Tortilla chips Salsa Mandarin oranges	3 Grilled chicken breast sandwich With shredded cheddar cheese Lettuce and tomato Steak fries Fruit cobbler	4 Beef and bean chili Tossed salad with tomato Cornbread Spiced warm apples
7 Beef stroganoff California blend vegetables Peaches Wheat roll Cookie	8 Aloha chicken over rice Asian vegetables Roll Applesauce Cranberry orange bar	9 Hamburger on bun with lettuce and tomato Baked beans Corn Fruit fluff	10 Breaded pork chop Baby red potatoes Cauliflower Dinner roll Fruit cocktail	11 Crunchy baked fish Macaroni and cheese Broccoli Dinner roll Tropical fruit
14 Spaghetti with meat sauce Tossed salad with cucumbers and tomatoes Garlic bread Ranch dressing Fruited gelatin Pineapple	15 Chicken broccoli rice casserole Stewed tomatoes Five way mixed vegetables Dinner roll Chocolate pudding	16 Beef pepper steak Buttered egg noodles Peas & carrots Juice Dinner roll Cookie	17 Broccoli and cheese quiche Sliced tomato salad English muffin Fruit Blueberry cookie	18 Baked chicken tenders Baked sweet potato California blend vegs Dinner roll Fruit yogurt parfait
21 Meatballs with gravy Mashed potatoes Sliced carrots Dinner roll Spiced peaches	22 Fish sandwich on bun Southern coleslaw Tropical fruit Potato wedges Cake	23 Hot sliced ham in pineapple juice French style green beans Carrot raisin salad Whole wheat roll Apple spice cake	24 Merry Christmas Eve 	
28 Hot dog on bun with chili and onions Coleslaw Baked beans Fruit Fruit bar (prepackaged)	29 Salisbury steak with egg noodles Brown gravy Five way mixed vegs Dinner roll Fruit Cake	30 BBQ chicken Confetti corn Carrot coins Biscuit Fruited gelatin	31 Black-eyed peas with ham Collard greens Rice Cornbread Peaches Cookie	We serve milk to all clients daily. If you will not be home during meal delivery please call 704-932-3412