


# JANUARY 2021

Mon	Tue	Wed	Thu	Fri
Menu is subject to change	We serve milk to all clients daily.  If you will not be home during meal delivery please call 704-932-3412			1 Closed 
4 Breaded chicken tenders Green beans Hawaiian roll Fruit Potato Wedges Fig bar	5 Baked Ziti Broccoli Tossed Green Salad Cinnamon Baked Apples Garlic Bread Cookie	6 BBQ Pork on Bun Hash brown Casserole Dixie Coleslaw Peaches Blueberry bar	7 Beef steak with mushrooms and onions Greens Pears Baby bakers Roll	8 Chicken pot pie with vegies Harvard bets Roll Fruit cobbler Pineapple
11 Meatloaf with gravy Mashed potatoes Carrot coins Wheat roll Angel food cake with fruit	12 Salmon patty California blend Tropical fruit Rice Roll Cookie	13 Grilled chicken breast sandwich with cheese, lettuce and tomato Rice Steak fries Fruit Cobbler Peas	14 Glazed ham with pineapple Baked sweet potato Collard greens Dinner roll Tropical fruit Cake	15 Beef and Bean Chili Tossed salad with tomatoes Cornbread Fruit Marshmallow treat
18 Beef stroganoff California blend vegetables Fruit Wheat roll Cookie	19 Aloha chicken over rice Asian vegetables Juice Dinner roll Fruit cocktail	20 Hamburger on bun Lettuce and tomato Baked beans Corn Fruit fluff	21 Breaded pork chop Baby red potatoes Cauliflower Dinner roll Applesauce	22 Crunchy baked fish Baked mac-n-cheese Broccoli Dinner roll Pears
25 Chicken broccoli rice casserole Stewed tomatoes Five way mixed vegetables Dinner roll Chocolate pudding	26 Beef pepper steak Buttered egg noodles Peas & Carrots Fruit Dinner roll	27 Broccoli and cheese quiche Sliced tomato salad English muffin Fruit	28 Autumn Pork Roast (apple glaze) Baby bakers Sauteed zucchini and squash Peanut Butter Cookie Cheese Herb biscuit	29 Baked chicken tenders Baked sweet potato California blend vegetables Dinner roll Fruit/yogurt parfait