



NOVEMBER 2022

Mon	Tue	Wed	Thu	Fri
Menu subject to change	1 Chicken tenders Green beans Fruit Wheat roll Macaroni & Cheese Dessert	2 BBQ Pork on bun Hashbrown casserole Coleslaw with carrots Peaches Dessert	3 Beef stew with vegetables Blushing pears Garlic cheese biscuit Jelly Baked apples	4 Chicken pot pie with mixed vegetables Harvard beets Roll with jelly Fruit cobbler
7 Bean chili with shredded cheese Tossed salad and dressing Tropical fruit Cornbread with marg Dessert	8 Chicken parmesan over pasta Tuscan Blend vegetables Fruit Garlic bread	9 Pepper Steak with gravy Egg noodles Peas & Carrots Fruit Roll Dessert	10 Pancakes with light syrup Turkey sausage patty Pears Cheese grits Mixed fruit	11 Meatloaf with gravy Mashed potatoes Green beans Wheat roll Angel cake with fruit
14 Spaghetti with meatsauce Tuscan blend vegetables Fruit Garlic bread Parmesan cheese pack Dessert	15 Mango chicken Peas & carrots Confetti rice Fruited yogurt Dinner roll	16 Breaded pork chop Cauliflower with parsley & pimento Peaches Red potatoes Roll with jelly	17 Chicken sandwich with cheese Lettuce & Tomato Marinated Vegetable salad Fruit Dessert	18 Crunchy baked fish Mixed vegetables Tropical fruit Wheat roll Mac & Cheese
21 Cheeseburger on bun with lettuce and tomato Baked beans Fruit fluff Pears Tator tots	22 Chicken, broccoli, cheese & rice casserole Blackeyed peas Stewed tomatoes Roll Fruit	23 Baked turkey with gravy Baked sweet potato and apple casserole Greens Cornbread with marg Apple cobbler	24 	25 No Delivery 
28 Meatballs with gravy Green beans Spiced peaches Mashed potatoes Roll with jelly	29 Greek chicken pasta Fruit Breadstick Broccoli and cauliflower Dessert	30 BBQ chicken Baby bakers Carrots Cornbread Fruit	We serve milk to all clients	