

MARCH 2023

Mon	Tue	Wed	Thu	Fri
		1 Greek Chicken Pasta Fruit Garlic Knot Broccoli/ Cauliflower Dessert	2 Sloppy joe on bun Baked baby potatoes Dixie Coleslaw Peaches Dessert	3 Pork tips with pineapple sauce Pinto beans Greens Cornbread Fruit cocktail
6 Baked ziti Tossed salad with tomatoes Broccoli Garlic roll Cinnamon baked apples	7 Chicken tenders Green beans Fruit Roll Mac & Cheese Dessert	8 Southern Turkey Casserole Broccoli Mashed Sweet Potatoes Fruit Cocktail Wheat Roll	9 Beef stew with vegs Blushing pears Garlic cheese biscuit with jelly Dessert	10 Chicken pot pie with vegs Harvard beets Roll with jelly Fruit cobbler
13 Bean chili with shredded cheese Tossed salad with dressing Tropical fruit Cornbread with margarine Dessert	14 Chicken parmesan over pasta Tuscan blend vegs Fruit Garlic bread Dessert	15 Pancakes W/ lite syrup Turkey Sausage Patty Cheese Grits Pears Mixed Fruit	16 Chicken enchilada casserole Shredded lettuce & tomatoes Fruit Refried beans Sour cream Dessert	17 Meat loaf with tomato sauce Mashed potatoes Green beans Wheat roll w/ margarine Angel cake with fruit
20 All Beef Hot Dog W/ Chili & Onion Coleslaw Sliced Apples Baked Beans	21 Mango chicken Peas & Carrots Confetti rice Dinner yeast roll Fruit and yogurt	22 Breaded pork tips Cauliflower with parsley & pimento Peaches Baby bakers Wheat roll with jelly Dessert	23 Ham Mac & Cheese Collard Greens Mixed Berries Wheat Roll Dessert	24 Crunchy baked fish Mixed vegs Tropical fruit Mac & cheese Roll Dessert
27 Spaghetti w/ Meat Sauce Tuscan Blend Veg Garlic Knot Applesauce Parm Pack	28 Chicken, broccoli, and rice casserole Black eyed peas Stewed tomatoes Roll Fruit	29 Cheese burger on bun with lettuce & tomato Baked beans Fruit Dessert	30 Quiche Mandarin oranges Hashbrown casserole English muffin with jelly Dessert	31 Chicken tenders California blend Yogurt parfait Sweet potato casserole Dinner roll