

SEPTEMBER 2023

Mon	Tue	Wed	Thu	Fri
<p>If you will not be home during meal delivery please call 704-932-3412.</p> <p>We serve milk to all clients daily. Menu may change</p>				<p>1 Salisbury Steak W/ Gravy Over Brown Rice Carrots Blushing Pears Wheat Roll</p>
<p>4 Closed for Labor Day</p>	<p>5 Krab Cake California Veg Tropical Fruit Florentine Potatoes Dinner Roll W/ Jelly</p>	<p>6 McRib Sandwich Collard Greens Fruit Confetti Corn Dessert</p>	<p>7 Chicken Tenders Mixed Veg Potato Wedges Dinner Roll Fruited Yogurt</p>	<p>8 Swedish Meatballs Over Egg Noodles Brussel Sprouts Peas Peaches Dessert</p>
<p>11 Aloha Chicken Over Rice California Veg Tropical Fruit Wheat Roll Fruited Yogurt</p>	<p>12 Turkey Frank on Bun Baked Beans Coleslaw Fresh Fruit Dessert</p>	<p>13 Spaghetti W/ Meatsauce Tossed Salad W/ Ranch Fruit Garlic Knot Parm Pack</p>	<p>14 Pork Tips & Gravy Black Eyed Peas Collard Greens Cornbread Peaches Jell-O</p>	<p>15 Crunchy Baked Fish Mixed Veg Pears Mac & Cheese Yeast Roll Cinnamon Applesauce</p>
<p>18 Lasagna Broccoli Tossed Salad W/ Ranch Garlic Knot Fruit Cobbler</p>	<p>19 Beef Tips W/ Gravy Over Brown Rice Mixed Vegetables Sliced Apples Yeast Roll Dessert</p>	<p>20 Baked Chicken W/ Gravy Green Beans Fruit Roll Potato Salad Dessert</p>	<p>21 Sloppy Joe on Bun Baby Bakers Coleslaw Peaches Dessert</p>	<p>22 Ham Mac & Cheese Collard Greens Mixed Berries Wheat Roll Dessert</p>
<p>25 Bean Chili W/ Cheddar Tossed Salad W/ Ranch Tropical Fruit Cornbread W/ Butter Dessert</p>	<p>26 Chicken Pot Pie W/ Veg Harvard Beets Roll W/ Jelly Fruit Cobbler</p>	<p>27 Beef Stroganoff California Veg Fresh Fruit Wheat Roll Dessert</p>	<p>28 BBQ Pork Sandwich Hashbrown Casserole Coleslaw Peaches Dessert</p>	<p>29 Cheeseburger on Bun W/ Lettuce, Tomato, Onion Baked Beans Fruit Cocktail Dessert</p>