


DECEMBER 2023

Mon	Tue	Wed	Thu	Fri
				1 No meal delivery due to staff development day
4 Beef and bean chili Tossed salad with tomato Tropical fruit Cornbread	5 Baked breaded chicken parm over pasta Tuscan blend veg Seasonal fruit Garlic knot	6 Pork & vegetable stir fry Egg roll Fried rice Yeast roll Mandarin Oranges	7 Fish & cheese sandwich Coleslaw Pears Baked chips	8 Meatloaf with tomato sauce Mashed potato Green beans Wheat roll Angel food cake with fruit
11 Spaghetti with meat sauce Tuscan blend vegs Seasonal fruit Garlic knot Parm cheese	12 Mango chicken Peas & Carrots Confetti rice Yeast roll Yogurt with 1/2 cup-fruit	13 Pork Tips California blend vegs Fruit cocktail Red potatoes Wheat roll	14 Krab Cake Veg 5 way Brown Rice Yeast Roll Pears	15 Beef Stew W/ veg & potatoes Blushing Pears Garlic Cheese Biscuit Dessert
18 Lasagna Tossed Salad W/ tomato & Ranch Garlic Knot Applesauce	19 Chicken, broccoli, & rice casserole Blackeyed peas Stewed tomatoes Yeast Roll Cinnamon Peaches	20 Cheeseburger on bun with lettuce and tomato Baked beans Fruit Cocktail Fruit fluff	21 Swedish Meatballs Green Beans Mashed Potatoes Wheat Roll Spiced Peaches	22 Oven baked ham Sweet potato casserole Green bean casserole Yeast Roll Christmas dessert
25 	26 No meal deliver All clients will receive a 7 meal box for this week. Hot meals will not be delivered	27 No meal delivery All clients will receive a 7 meal box for this week. Hot meals will not be delivered	28 No meal delivery All clients will receive a 7 meal box for this week. Hot meals will not be delivered	29 No meal delivery All clients will receive a 7 meal box for this week. Hot meals will not be delivered