| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| If you will not be home during meal delivery, please call 704-932-3412. | NOTE: <br> We serve 2\% milk to all clients daily. Menu may change. | *Please keep attached menu for the month. * |  |  |
| 1 <br> Chicken and dumplings Carrots Broccoli Yeast roll Fruited yogurt parfait | 2 <br> Hamburger on a bun lettuce, tomato, and onion <br> Baked beans Peaches and blueberries | 3 <br> Turkey frank on bun Baked beans <br> Coleslaw <br> Banana | 4 <br> CMOW <br> CLOSED NO <br> MEAL <br> DELIVERY | 5 <br> CMOW <br> CLOSED NO <br> MEAL <br> DELIVERY |
| 8 <br> Oven fried chicken <br> Mixed vegs <br> Fresh fruit <br> Half crusted potato <br> Hawaiian roll \& jelly | 9 <br> Spaghetti with meat sauce Tossed salad with dressing Fruit Garlic knot Parmesan cheese | 10 <br> Tuna Noodle Casserole Green Beans Garlic Knot Diced Peaches Vanilla Pudding | 11 Pizza W/ <br> Pepperoni, Peppers, and onion <br> Salad W/ tomato, cucumber, white beans, and ranch Fresh Fruit Dessert | 12 <br>  <br> Tomato salad Tropical fruit <br> Sour cream |
| 15 <br> Swedish Meatballs <br> Green Beans <br> Mashed Potatoes <br> Wheat Roll <br> Spiced Peaches | 16 <br> Krab Cake <br> California Blend vegs <br> Tropical Fruit Florentine Potatoes Yeast roll with jelly | 17 <br> BBQ Pork <br> Coleslaw with carrots Angel food cake with $1 / 2$ cup fruit Mac \& Cheese | 18 <br> Aloha chicken over rice <br> Green beans <br> Carrot coins <br> Yeast roll <br> Fruited yogurt | 19 <br> Meatloaf with brown gravy <br> Tuscan blend vegs Banana <br> Mashed potatoes Wheat roll with margarine |
| 22 <br> Biscuits \& Gravy Scrambled Eggs Roasted Broccoli Sliced Peaches Dessert | 23 <br> Chicken enchilada casserole Shredded lettuce \& Tomatoes Fruit Refried beans Churro | 24 <br> Pinto beans with ham Collard greens Blushing pears Cornbread | 25 <br> Baked chicken tenders Mixed vegs Potato wedges Wheat roll Yogurt with fruit | 26 <br> Stuffed potato <br> Carrots <br> Wheat roll <br> Angel Food cake W/ <br> 1/2 cup fruit |
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