SEPTEMBER 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day Closed	3 Baked meatballs with gravy over rice Broccoli Fruit Corn Dessert	4 Breaded chicken patty on bun Roasted potatoes Green beans Fruit Dessert	5 Pork Loin with gravy over egg noodles Stewed cabbage Peas Dinner roll Dessert	6 Baked ham Lima beans Steamed carrots Pineapple Cake Dinner Roll
 9 Parmesan chicken Parsley Noodles Italian Green beans Ambrosia Wheat roll Brownie 	10 Salisbury steak with Swiss cheese and mushroom gravy Rosemary roasted potatoes Baked beans Fruit Wheat roll	11 Hawaiian Chicken Breast Coconut rice Broccoli Dinner Roll Pineapple tidbits	12 Homemade lasagna Broccoli Tossed salad with dressing Garlic bread Fruit cobbler	13 Stuffed baked potato Carrots Mixed Berries Wheat roll Angel food cake
16 BBQ Pork riblet Greens Fruit Corn casserole Dinner roll Dessert	17 BBQ Chicken breast Green beans Berries Potato Salad Dinner Roll Dessert	18 Baked spaghetti casserole with cheese Zucchini and onions Spinach Fruit Wheat roll Cookie	19 Beef Stroganoff over egg noodles Carrots Peas Sliced Apples Dinner roll	20 Turkey hot dog with bun with chili sauce Coleslaw Red roasted potatoes Fruit Crisp
23 Baked ziti Carrots Tossed salad with dressing Yeast roll Fruit crisp	24 Beef tips with gravy Peas Fruit Mashed potatoes Yeast roll Pudding	25 Breaded fish on bun Potato wedges Coleslaw with carrots Tropical fruit Dessert	26 Lemon pepper chicken Rice Pilaf Green beans Dinner roll Strawberry cream cake	27 Pizza casserole Italian blend veg Wheat roll Warm spiced apples Dessert
30 Stuffed pepper casserole Green peas Wheat roll Warm spiced pears Dessert			If you will not be home during meal delivery, please call 704-932-3412.	NOTE: We serve 2% milk to all clients daily. Menu may change.