NOVEMBER 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
If you will not be home during meal delivery, please call 704-932-3412.	NOTE: We serve 2% milk to all clients daily. Menu may change			1. Sloppy Joes on bun Baked potatoes Tossed Salad with dressing Chilled peaches Sour cream
4. Chicken, broccoli, rice casserole Black Eyed peas Stewed tomatoes Wheat roll Cinnamon peaches	5. Autumn Roast pork Baby bakers Peas & Carrots Garlic Cheese biscuit Fruit	6. Cheeseburger on bun with lettuce & tomato Baked beans Fruit fluff	7. Crunchy baked fish Mixed veg Tropical fruit Mac & Cheese Yeast roll Dessert	8. Oven fried chicken California blend Loaded mashed potatoes Yeast roll Yogurt parfait with ½ cup fruit
11. Biscuits & Gravy (Turkey) Scrambled Eggs Roasted Broccoli Sliced Peaches Jell-O	12. Beef & Bean Chili Tossed Salad w/ Ranch Cornbread Tropical Fruit	13. BBQ chicken Green beans Fruit Wheat roll Baby baker potatoes Dessert	14. Honey glazed ham Half crusted parm potato Greens Wheat roll Dessert	15. Spaghetti & meatballs Broccoli Peaches Garlic knot Dessert
18. McRib Collard Greens Corn Casserole Diced Peaches Wheat Roll	19. Lasagna Tossed salad with tomatoes Fruit Garlic knot Dessert	20. Krab cake Carrots Confetti Rice Yeast roll Cottage cheese with ½ cup fruit	21. Beef Stew w/ vegetables Garlic Cheddar Biscuit Blushing Pears Dessert	22. Pulled pork carnitas casserole with roasted black beans & corn Fruit mix Tortilla Churro
25. Baked Ziti Tossed Salad with tomatoes Broccoli Garlic knot Cinnamon baked apples	26. Chicken tenders Green beans Fruit Yeast roll Mac & Cheese Dessert	27. Baked turkey with gravy Sweet potato casserole Peas Cornbread Apple cobbler	28. CLOSED	.29 No meal delivery CLOSED for the holiday