


Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Turkey frank on bun Baked beans Peas Fruit Fig newtons</p>	<p>3 Chicken Parm over spaghetti Tuscan Blend Veggies. Fruit Garlic Bread Dessert</p>	<p>4 Pork and Veg Stir fry with Sautéed Cabbage Veg Fried Rice Dinner Roll Egg Roll Dessert</p>	<p>5. Fish and Cheese sandwich Coleslaw Fruit Baked chips Dessert</p>	<p>6 Meatloaf with tomato sauce Mashed potato Green beans Dinner roll Angel food cake with fruit</p>
<p>9 Stuffed pepper casserole Peas Wheat roll Warm spiced pears Dessert</p>	<p>10 Mango Chicken Peas & Carrots Confetti Rice Dinner roll Yogurt with ½ cup fruit</p>	<p>11 Pork tips with gravy Squash, Zucchini, and onions Fruit Cocktail Dinner Roll Red potatoes Applesauce</p>	<p>12 Pinto beans & Ham Collard Greens Mac n cheese Cornbread Fruit Cobbler</p>	<p>13 Chicken biscuit with cheese Veg beef soup Mixed fruit Crackers Dessert</p>
<p>16 Oven fried chicken breast Hash brown casserole Mixed vegg Wheat roll Fruit Dessert</p>	<p>17 Salisbury steak with gravy Egg noodles Green beans Fruit Roll Dessert</p>	<p>18 Pizza casserole Italian Veg Blend Wheat roll Warm spiced apples Dessert</p>	<p>19 Lemon herb chicken over rice pilaf Applesauce Broccoli Carrots Cookie</p>	<p>20 Cheese ravioli with meat sauce Tuscan blend vegg Tossed Salad with dressing Peaches Dessert</p>
<p>23 No meal delivery this week</p>	<p>24 everyone will receive a box</p>	<p>25 </p>	<p>26 with Shelf stable meals</p>	<p>27 no meal delivery</p>
<p>30 Stuffed potato Carrots Fruit Slice of bread with butter Angel food cake</p>	<p>31 Pork roast Black eyed peas Greens Cornbread Poke cake with whipped topping</p>		<p>NOTE: We serve 2% milk to all clients daily. Menu may change</p>	<p>If you will not be home during meal delivery, please call 704-932-3412.</p>