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a	Monday	Tuesday	Wednesday	Thursday	Friday
	NOTE: We serve 2% milk to all clients daily. Menu may change	If you will not be home during meal delivery, please call 704-932-3412.	1 Closed Happy New Year!	2. Krab Cake Carrots Confetti Rice Hawaiian Roll & Jelly Cottage Cheese W/ ½ Cup Fruit	3 Chicken pot pie with mixed vegs Beets Fruit cobbler
	6 Baked breaded chicken parm over spaghetti Tuscan blend vegs Fruit Garlic bread	7 Beef and bean chili Tossed salad with cucumbers Tropical fruit Cornbread	8 Pork & Veg stir fry Sauteed cabbage Fried rice Dinner Roll Egg roll Dessert	9 Fish & Cheese sandwich Coleslaw Fruit Potato Wedges	10 Meatloaf with gravy Mashed potatoes Green beans Yeast roll Angel food cake with fruit
	13 Pork riblet on bun Baked beans Corn Fruit Pickle slices Dessert	14 Mango Chicken Peas & Carrots Confetti Rice Dinner roll Yogurt with ½ cup fruit	15 Breaded pork loin with gravy Squash, Zucchini, and onion Fruit cocktail Red potatoes Applesauce	16 Taco beef casserole Vegetable Medley Roasted corn Tortilla chips Dessert	17 Chicken biscuit Veg Beef soup Mixed fruit Crackers Cookie
	20 Cheeseburger on bun with lettuce and tomato Baked beans Fruit fluff Corn	21 Chicken, broccoli & rice casserole Blackeyed peas Stewed tomatoes Wheat roll Cinnamon peaches	22 Baked chicken nuggets Mexican corn Chopped broccoli Fruit cocktail Marshmallow Krispie	23 Beef meatballs with gravy over rice Broccoli Corn Fruit Dessert	24 Oven fried chicken California blend Loaded mashed potatoes Yeast roll Yogurt parfait with ½ cup fruit
	27 Sloppy joe in green pepper Baked potato Dixie coleslaw Fruit Sour cream	28 Scrambled egg cup with ham green peppers & onion Baked hashbrowns Baked apple crisp Fruit	29 BBQ Chicken thigh Green beans Fruit Yeast roll Baby bakers	30 Salisbury steak with gravy Egg noodles Texas bread Oranges Peas	31 Spaghetti & Meatballs Broccoli Peaches Garlic Bread