

Monday	Tuesday	Wednesday	Thursday	Friday
If you will not be home, please call 704.932.3412	NOTE: We serve 2% milk to all clients daily. Menu may change	1 Beefy Mac and cheese Corn Tossed salad with tomatoes and dressing Wheat Roll Orange	2 Cheese Pizza with vegetables Green beans Tossed salad with dressing Pineapple au gratin Fruit	3 Ham and Navy beans Greens Beets Cornbread Brownie
6 Pork riblet Baked sweet potato Yeast roll Angel food cake with peaches Lima Beans	7 Beef Stroganoff Peas & Carrots Ambrosia Wheat roll Fruit	8 Beef Chili with Beans Corn Cornbread Cinnamon roll with frosting Fruit	9 Oven fried fish on bun Coleslaw with carrots Potato Wedges Fruit cobbler	10 Baked chicken breast Crowder peas Fruit Dirty Rice Cornbread Dessert
13 Spaghetti with meat and tomato sauce Tossed salad with tomatoes and dressing Tuscan blend vegetables Garlic knot	14 6 oz baked tuna noodle casserole Green peas Fruit Wheat roll Carrot cake	15 Roast pork with gravy Broccoli/Cauliflower with cheese sauce Fruit Wild rice pilaf Yeast roll	16 Beef pot pie with mixed vegetables Mashed potatoes Dinner roll Yellow cake with frosting Peaches	17 Chicken and dumplings Green beans Sweet potato casserole Roll Angel food cake
20 Baked hamburger on a bun Potato wedges Baked beans Sliced tomato, onion, lettuce Fruit	21 BBQ chicken legs Greens Squash casserole Roll Graham crackers Jelly	22 Lemon Pepper tilapia Coleslaw with carrots Parsley potatoes Roll Applesauce and vanilla wafers	23 Turkey with gravy Peas & Carrots Fruit Brown rice Wheat roll Chocolate chip cookie	24 Baked meat loaf with tomato sauce Mashed potatoes Green peas Yeast roll Yellow cake with frosting
27 Meatballs with gravy Mashed potatoes Lima beans Biscuit Fresh baked cookie	28 Chicken pot pie with vegetables Beets Fresh fruit Wheat Roll Apple cake	29 Lasagna Tossed salad with tomatoes and dressing Broccoli Peach bread pudding Yeast roll	30 Baked chicken with white gravy Broccoli/Rice au gratin Baby bakers Wheat roll Applesauce cake	31 Turkey Frank on Bun Baked beans Green Peas Fruit Pumpkin Bread