aı	Monday	Tuesday	Wednesday	Thursday	Friday
	3 Bean chili with shredded cheese Tossed salad with dressing Tropical Fruit Cornbread with margarine Dessert	4 Beef stew with vegetables Pears Garlic cheese biscuit With jelly Baked apples	5 Chicken sandwich with cheese Lettuce, tomato Bun California Vegetable Fruit	6 Breaded baked fish Parsley egg noodles Broccoli Wheat roll Tropical fruit Chocolate chip cookie	7 Baked chicken tenders Green beans Coleslaw with carrots Banana Pudding cake Fruit
	10 Chicken parmesan over pasta Tuscan blend vegetables Garlic knot Fresh fruit	11 Baked ziti Tossed salad with tomatoes and dressing Broccoli Garlic knot Cinnamon baked apples	12 Chopped pork with gravy Cauliflower with parsley and pimento Peaches Red potatoes Wheat roll with jelly	13 Pimento cheese sandwich 1 cup vegetable beef soup with potatoes Spiced peaches Angel food cake with ½ cup fruit	14 BBQ riblet Carrots Sugar free jello with fruit Yeast roll Corn Cranberry bar
	17 Salisbury steak with gravy over egg noodles Mixed vegetables Fresh fruit Wheat roll	18 Mango chicken Peas & Carrots Fruit Confetti rice Dinner roll with jelly	19 Sloppy joes on bun Baby bakers Coleslaw with carrots Peaches Dessert	20 Egg salad sandwich ½ cup potato soup with cheese Pears Peas Cookie	21 Meatballs with gravy Mashed potatoes Green beans Dinner roll Spiced peaches
	24 Breaded "fried" chicken breast Smashed potatoes Mixed vegetables Dinner roll Angel food cake with ½ cup fruit	25 Lasagna Broccoli Fresh fruit Garlic knot Dessert	26 Baked turkey with gravy Sweet potato casserole Green beans Yeast roll with margarine Apple cobbler	Happy Thanksgiving	28 No Delivery
				If you will not be home, please call 704.932.3412	NOTE: We serve 2% milk to all clients daily. Menu may change