

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken, Broccoli, Rice Casserole Black eyed peas Stewed tomatoes Roll Cinnamon Peaches	3 Roast Pork Baby Bakers Peas & Carrots Garlic Cheese biscuit Sour Cream Fruit	4 Beef Stroganoff Applesauce Wheat Roll Lima Beans Dessert	5 Crunchy baked fish Mixed veggies Tropical Fruit Mac and Cheese Dinner Roll Dessert	6 Oven fried chicken breast California blend Black eyed peas with rice Dinner roll Yogurt with 1/2 cup fruit
9 Sloppy joe on bun Red potatoes with sour cream Broccoli with cheese sauce Fruit	10 BBQ chicken breast Corn Green beans Roll Fresh fruit	11 Ham and Navy Beans Collards Beets Cornbread Dessert	12 Cheeseburger on bun with lettuce & Tomato Baked beans Fruit Fluff Peas	13 Spaghetti with meatballs Tossed Salad with dressing Spiced peaches Garlic knot Dessert
16 Riblet on Bun Corn Carrots Fruit Jello	17 Meatballs with Gravy Mashed Potatoes Green Beans Dinner Roll Spiced Peaches	18 Krab Cake Carrots Confetti rice Wheat roll Jelly Cottage cheese with 1/2 cup fruit	19 Aloha Chicken over Rice California Blend Tropical Fruit Yeast Roll Fruited Yogurt	20 Pulled pork carnitas casserole with tortillas Refried beans Roasted corn with peppers Cinnamon churro Fruit cocktail
23 Chicken tenders Green beans Fruit Wheat roll Mac & Cheese Dessert	24 Baked ziti Tossed salad with tomatoes and dressing Broccoli Garlic knot Cinnamon baked apples	25 Tuna Noodle Casserole Peas Carrots Fresh Oranges Wheat Roll Carrot Cake	26 Beef stew with vegetables Blushing pears Garlic cheese biscuit Jelly Dessert	27 Chicken pot pie with vegetables Harvard beets Corn Fruit cobbler Peaches
			If you will not be home during meal delivery, please call 704-932-3412	NOTE: We serve 2% milk to all clients daily. Menu may change