

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked breaded chicken parm over pasta Tuscan blend vegetables Fruit Garlic knot Dessert	3 Beef and bean chili Tossed salad with tomatoes Tropical fruit Cornbread Apple cobbler	4 Pork & Veg stir fry Sauteed cabbage Vegetable fried rice Dinner roll Egg rolls Fortune cookie Fruit	5 Fish & Cheese sandwich Coleslaw with carrots Fruit Potato wedges Dessert	6 Meatloaf with tomato sauce Mashed potatoes Green beans Dinner roll Angel food cake with fruit
9 Pinto beans Mac N Cheese Collard greens Fruit Cornbread Dessert	10 Mango chicken Peas & Carrots Asian Rice Dinner roll Yogurt with ½ cup fruit	11 Lemon Pepper Tilapia Corn Carrots Lemon Cake Wheat Roll Melon	12 Spaghetti with meat sauce Tuscan blend vegetables Fruit salad Garlic knot Parm cheese	13 Chicken on a biscuit Vegetable beef soup Mixed fruit Crackers Peach cobbler
16 Sweet & Sour Meatballs over Rice Yeast Roll Asian Vegetables Pears	17 Chicken, broccoli, rice casserole Black eyed peas Stewed tomatoes Roll Cinnamon peaches	18 Cheeseburger on bun with lettuce & Tomato Baked beans Corn Fruit Fruit fluff	19 Beefy Mac & Cheese Collards Roll Tropical Fruit Dessert	20 Oven breaded chicken California blend vegetables Black eyed peas with rice Dinner roll Yogurt parfait with ½ cup fruit
23 Sloppy joe on bun Smashed potatoes Broccoli with cheese sauce Sour cream Fresh fruit	24 BBQ chicken legs Baked beans Green beans Cornbread Fresh fruit Dessert	25 Biscuits & Turkey Gravy Scrambled eggs Broccoli Sliced Peaches Jello	26 Chicken & Dumplings Green Beans Sweet Potato Casserole Roll Angel Food Cake	27 Spaghetti and meatballs Tossed green salad with cucumbers Spiced peaches Garlic knot Dessert
30 Lasagna Broccoli Fresh fruit Garlic knot Dessert	31 Riblet on Bun Greens Fresh Fruit Corn Casserole Wheat Roll		If you will not be home during meal delivery, please call 704-932-3412	NOTE: We serve 2% milk to all clients daily. Menu may change