

AUGUST 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti with meat sauce Tossed salad with dressing Broccoli & Cauliflower Breadstick Parm cheese	4 Hot dog on bun Baked beans Coleslaw Seasonal fresh fruit Dessert	5 Biscuits & Turkey Gravy Scrambled Eggs Roasted Broccoli Sliced Peaches Jello	6 Stuffed baked potato with ham, broccoli & cheese Carrot coins Fresh fruit Wheat roll w/ jelly Dessert	7 Oven fried chicken Cucumber & Tomato Salad Melon Baked mac n cheese Wheat roll
10 Krab cake California blend veggies Tropical fruit Florentine potatoes Wheat roll with jelly	11 McRib on Bun Collard Greens Fruit Corn casserole Dessert	12 Egg salad sandwich on wheat bread Cucumber Salad Fresh fruit Strawberry Shortcake fluff	13 Meatloaf with gravy Tuscan blend Fresh fruit Mashed potatoes Wheat roll with margarine and jelly	14 Mango chicken Green beans Vegetable fried rice Wheat roll Fruit cobbler Jelly
17 Sloppy Joe on Bun Red Potatoes w/ sour cream Broccoli Fruit	18 Not so spicy shrimp & grits California blend Fresh fruit Corn muffin Lemon bar	19 Chicken salad cold plate on top of lettuce Broccoli salad Mandarin orange whip Potato salad Wheat roll	20 Ranch baked chicken Mixed veggies Rice pilaf Wheat roll with jelly Fruit & Yogurt parfait	21 Beef and veg stir fry Veg egg roll Pineapple Jasmine rice Fortune cookie
24 Lemon Pepper Tilapia Corn Carrots Cake Wheat Roll Fruit	25 Philly mac & Cheese Stewed tomatoes and okra Fresh fruit Dinner roll Dessert	26 Vegetable lasagna Broccoli Tossed salad with tomatoes and dressing Garlic knot Fruit cobbler	27 Mustard/chili burger on bun Coleslaw Baby bakers Pineapple cottage cheese lime gelatin	28 Pulled pork Collard greens Pinto beans Cornbread Blueberry/Peach Shortcake
31 Chicken, Broccoli, rice casserole Black-eyed Peas Stewed Tomatoes Roll Cinnamon Peaches			NOTE: We serve 2% milk to all clients daily. Menu may change	If you will not be home during meal delivery, please call: 704-932-3412