

Monday	Tuesday	Wednesday	Thursday	Friday
If you will not be home, please call: 704.932.3412	NOTE: We serve 2% milk to all clients daily. Menu may change		1 Oven fried chicken breast Green beans Tossed salad with dressing Pineapple au gratin Dessert	2 Ham and Navy beans Greens Beets Cornbread Brownie
5 Pork riblet Baked sweet potato Yeast roll Angel food cake with peaches Lima Beans	6 Beef Stroganoff Peas & carrots Ambrosia Wheat roll Fruit	7 Beef Chili with beans Corn Cornbread Cinnamon roll with frosting Fruit	8 Oven fried fish on bun Coleslaw with carrots Potato wedges Fruit cobbler	9 Baked chicken breast Crowder peas Fruit Dirty rice Cornbread Dessert
12 Spaghetti with meat and tomato sauce Tossed salad with tomatoes and dressing Tuscan blend vegetables Garlic knot	13 6 oz baked tuna noodle casserole Green peas Fruit Wheat roll Carrot cake	14 Roast pork with gravy Broccoli & Cauliflower with cheese sauce Fruit Wild rice pilaf Yeast roll	15 Beef pot pie with mixed vegetables Mashed potatoes Dinner roll Yellow cake with frosting Peaches	16 Chicken and dumplings Green beans Sweet potato casserole Roll Angel food cake
19 Baked hamburger on a bun Potato wedges Baked beans Sliced tomato, onion, lettuce Fruit	20 BBQ chicken legs Greens Squash casserole Roll Graham crackers Jelly	21 Lemon Pepper tilapia Coleslaw with carrots Parsley potatoes Roll Applesauce and vanilla wafers	22 Turkey with gravy Peas & carrots Fruit Brown rice Wheat roll Chocolate chip cookie	23 Baked meat loaf with tomato sauce Mashed potatoes Green peas Yeast roll Yellow cake with frosting
26 Meatballs with gravy Mashed potatoes Lima beans Biscuit Fresh baked cookie	27 Chicken pot pie with vegetables Beets Fresh fruit Wheat roll Apple cake	28 Lasagna Tossed salad with tomatoes and dressing Broccoli Peach bread pudding Yeast roll	29 Baked chicken with white gravy Broccoli/Rice au gratin Baby bakers Wheat roll Applesauce cake	30 Turkey Frank on bun Baked beans Green peas Fruit Pumpkin bread