

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef & Bean Chili Tossed Salad w/ dressing & tomato Tropical Fruit Cornbread Vitamin C Fruit Juice	3 Pork/Veg Stir Fry Sauteed Cabbage Veg Fried Rice Dinner Wheat Roll 2 Mini Egg Rolls	4 Baked Breaded Chicken Parm over Pasta Tuscan Blend Veg Fresh Fruit Garlic knot	5 Fish & Cheese Sandwich Coleslaw Fruit Cocktail Baked Potato wedges	6 Meatloaf w/ Gravy Mashed potato Green Beans Dinner Roll Angel Food Cake w/ Fruit
9 Pinto Beans Mac n Cheese Collard Greens Fresh Fruit Cornbread	10 Mango Chicken Peas & Carrots Asian Rice Dinner Wheat Roll Yogurt w/ Fruit	11 Shredded Pork with Gravy Squash, Zucchini, Onions Applesauce Dinner Roll w/ Jelly Sweet Potato	12 Spaghetti w/ Meat Sauce Tuscan Blend Vegs Fall Fruit Salad Garlic bread Parm Cheese	13 Chicken on Biscuit Veg Beef Soup Mixed Fruit Crackers Vitamin C Fruit Juice
16 Chicken, Rice, Broccoli Casserole Black Eyed Peas Stewed tomatoes Roll Cinnamon Peaches	17 Cheeseburger on Bun with Lettuce, Tomato Baked Beans Corn Fruit Fluff	18 Crunchy Baked Fish Mixed Veggies Tropical Fruit Mac n Cheese Wheat Roll	19 Oven Fried Chicken California Blend Black-eyed Peas w/ Rice Dinner roll Yogurt & Fruit Parfait	20 Meatballs w/ Gravy Green Beans Spiced Peaches Dinner Roll Mashed Potatoes Jelly
23 Sloppy Joe on Bun Smashed Potatoes Broccoli with Cheese Sauce Sour Cream Fresh Fruit	24 BBQ Chicken Baked Beans Green Beans Cornbread Orange	25 Turkey w/ Gravy Peas & Carrots Fruit Mashed Potato Wheat Roll Pumpkin Spice Square	26 Thanksgiving 	27 Closed for Holiday 
30 Oven Fried Chicken Patty Smashed Potatoes Mixed Veggies Roll Angel Food Cake w/ Fruit			If you will not be home, please call 704.932.3412	NOTE: We serve 2% milk to all clients daily. Menu may change